



Concerned  
about an aging  
family member?

Your Contact Information  
Business Name  
Address  
Phone  
Website

**Your  
Logo Here**

**Your Business Name**

Helping you to help others.

## Caregiver's Resource Helpline of Tampa Bay

**Toll-Free 888-774-9245**

*Remember how easy it was to just pick  
up a phone to get information?*

Call now and get answers to the most  
common concerns of caring for an aging  
family member and list of resources to  
help you deal with the most challenging  
caregiver situation.



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## **Are you in a caregiving situation?**

**Yes**, if you are involved in any of the following activities.

- Driving to and from doctor and other health care appointments.
- Communicating with health care professionals.
- Contacting or helping someone communicate with community service organizations such as the Area Agency on Aging or the Alzheimer's Association.
- Assisting someone to pay their bills.
- Helping someone clean their home or arranging for housecleaning.
- Assisting with or arranging for home repairs.
- Arranging for or helping someone to arrange for Meals on Wheels.
- Helping arrange for home health care or hospice services.

**We can help!**

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