

Caregiver's Resource Audio Ebook

Determining Family Needs

It's easy to become overwhelmed as a caregiver to an aging family member. As the caregiver, take a moment to evaluate needs in the following areas:

Areas of need.	Are we doing okay?	What needs changing?	Who can help?
Daily Routines			
Medical Needs			
Health Habits			
Stimulation and Growth			
Social Life			
Spiritual Needs			
Work and Money			